

## What is a Playsheet?

A playsheet is your quick, strategic game plan to level up your academic skills. It helps you reflect, apply, and take action on what you've learned — just like a pro gamer prepares for their next match.

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## ARI Playsheet #00: Introduction to Zia

### 1. Key Moves (Summary)

- Meet Odynzia (Zia), your animated guide for academic success.
- The ARI videos deliver quick tips to boost your study skills.
- Videos focus on esports and gaming students' unique challenges.
- Topics include time management, research, and effective communication.
- You're encouraged to actively apply these tips to your studies.

### 2. Player Insight (Reflection Prompt)

*What is one academic skill you feel confident about, and one you want to improve?*

### 3. Power-Up Action (Practical Task)

*Write down one personal goal related to your study habits that you want to achieve this week.*

### 4. XP Log (Write Something Down)

*This week, I will...*

Have fun learning! 

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